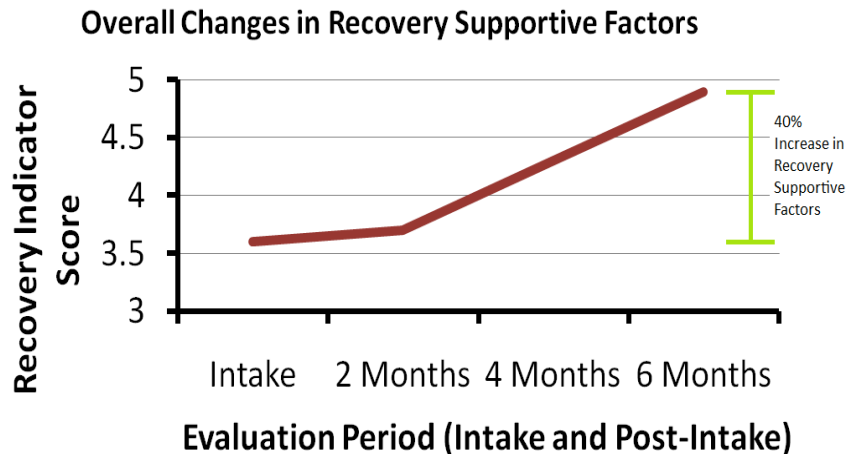


THE GROW PROJECT

The Mental Health Center of Denver's **GROW Program (Growth and Recovery Opportunities for Women)** has been extremely successful as measured by the recovery research instruments.

The GROW program serves homeless women with both substance abuse disorders and mental illness. The services offered through the program provide the best opportunity to assist these women in overcoming their mental illness, substance abuse, and acquiring permanent housing for themselves and their children.



- Over the first six months of treatment the consumers in the program have a 40% increase in their overall recovery support factors score, indicating substantial improvements in areas that support mental health recovery.
- Of all the homeless women admitted, 80% obtained permanent housing within 6 months, whereas the remaining 20% obtained temporary housing until permanent housing could be found.
- MHCD found a 150% increase in the number of consumers reporting abstinence from drugs, going from 23% to 57% reporting abstinence after 6 months.

“Relationships are everything and the GROW program has helped me change my life.” – Quote from a GROW Consumer

