



NEWSLETTER

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2011 RECOVERY TRANSFORMATION SUMMIT

CHARTING A NEW COURSE TO MENTAL WELLNESS



March 23-24, 2011

Grand Hyatt

Denver, Colorado

Embrace the recovery model at all levels of your organization.

Know the key elements necessary to transform to a recovery-focused mental health center.

The Summit attendees will be provided:

- National support network of leading behavioral healthcare experts on system change;
- Roundtable discussions on implementing processes and practices;
- Ways to measure and support recovery within community mental health organizations;
- Hands-on, Real-world demonstrations; and
- Social network initiatives.

Attendees will learn from experts in the field and hear real-world examples of successful implementation. Attendees will then develop action plans for their unique center's transformation and discuss specific processes and practices. Following the Summit, online support networks and quarterly webinars will provide consultation, allowing attendees to continue to network and report on their transformation progress.

Who Should Attend:

- Executives of leading community mental health centers interested and committed to recovery change.
- Researchers, Program Evaluators, and Quality Assurance professionals who will support transformation in community mental health systems.
- Individuals, either internal or external to community mental health organizations, who will support and influence recovery system change.

Apply by Monday, November 29th

In order to create a setting where ideas are shared and supported during the Summit, space is limited. We ask community mental health executives interested in attending to submit an application. Through a SAMHSA grant, the Mental Health Center of Denver will cover attendee airfare and lodging for two nights at the Grand Hyatt in downtown Denver, Colorado. Attendee selection will be based on the readiness and commitment level to implement recovery change agency wide.

Go to www.reachingrecovery.org to apply.

Inside This Issue:

- 2011 Recovery Summit
- Monitoring Outcomes Publication
- Wellness and Recovery for Thousands through Employment and Education
- Mayo Clinic Award
- National Council Webinar
- Recovery Blogs

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Check us out in Advances in Mental Health

Dr. Antonio Olmos-Gallo and Dr. Kate DeRoche's article titled, *Monitoring Outcomes in Mental Health Recovery: The Effect on Programs and Policies* (2010) has been published in the Advance in Mental Health Journal. The journal is a peer reviewed, online journal incorporating the *Australian e-Journal for the Advancement of Mental Health*. The journal is a forum for advancing mental health promotion, prevention of mental illness, and early intervention approaches to mental health. To access the journal article go to <http://ojs.e-contentmanagement.com/index.php.amh>



Wellness and Recovery for Thousands through Employment and Education

In September, MHCD was thrilled to learn that it will partner with the Colorado Division of Behavioral Health to expand and enhance evidence-based supported employment and education services. Through a SAMHSA state transformation grant the project: ***Wellness and Recovery for Thousands through Employment and Education (WRKE)*** will provide services in Colorado. MHCD will work with others in Colorado to use the evidence-based Individual Placement and Support model and a variety of promising supported education practices taken from the published literature. Services for this project will be provided in Denver, Boulder, Broomfield, Clear Creek, Gilpin and Jefferson counties in Colorado. Over the five-year grant period, the project plans to serve a total of 401 unduplicated consumers, 89 of whom will be young adults and 312 being adults ages 26 and over.

This project will expand evidence-based supported employment and education services in the counties served and target young adult consumers, meeting a critical need with the current delivery system. The service delivery partners participating in the project will use MHCD's Recovery Measurement System to measure and evaluate the project's consumer recovery outcomes. Finally, WRKE will disseminate and promote evidence-based models to other Colorado locations.

MHCD is excited to begin this project and continue to promote best practices.

Top Prize Winner at Mayo Clinic Conference

For the past three years, the Mayo Clinic has conducted a conference on Systems Engineering and Operations Research in Healthcare to promote systemic approaches to healthcare delivery. At last year's conference, MHCD presented its lean process improvement program with research on appointment scheduling to handle no-shows.

This year, MHCD submitted a poster presentation titled, "Driving Clinical Quality Improvement through Mental Health Recovery Control Charts" **and won the first place award!** The poster was developed by CJ McKinney, Cathie McLean, Dr. Antonio Olmos, and Dr. Linda LaGanga.

To see the poster go to <http://outcomesmhcd.com/presentations/Mayo%20Clinic%20Poster%2008-20-2010.pdf>.



National Council's Webinar

In September, Reaching Recovery partnered with the National Council for Community Behavioral Healthcare to hold a webinar in which we showcased MHCD's Recovery measurement instruments and recovery learning collaborative. If you were not able to join the webinar live, have no fear. National Council posted the power point presentation and a recording of the webinar on their website. Go to http://www.thenationalcouncil.org/cs/recordings_presentations to access the recording.



There were over 860 participants on the live webinar. If you posted a question that wasn't answered during the live webinar, please let us know. We would like to hear from you. Simply email us at reachingrecovery@mhcd.org. We are currently scheduling one-on-one webinars with those interested in learning more.

Due to the success of the National Council webinar, the Reaching Recovery Initiative was highlighted in the October 18, 2010 addition of Mental Health Weekly ([www.onlinelibrary.wiley.com/journal/10.1002/\(ISSN\)1556-7583](http://www.onlinelibrary.wiley.com/journal/10.1002/(ISSN)1556-7583)).

Employment Opportunity

The Mental Health Center of Denver is seeking a Program Manager to head up its Supported Education Program. The Program Manager will provide psychiatric rehabilitation supervision to a multi-disciplinary clinical and administrative staff to ensure efficient team operations. They will coordinate team functions and community activities to enhance the quality of services.

MHCD is looking for a dynamic manager to join our nationally recognized recovery-focused team. Denver's a great place to live. For more information go to www.mhcd.org. Send your resume and cover letter via email to resumes@mhcd.org.

Recovery Blogs

It can sometimes be difficult to find good research on the internet regarding Mental Illness, Recovery, Resiliency, and Wellness. That's why MHCD developed a blog site to bring together research that is interesting and relevant in these areas. Check out the blog site at <http://mhcdresearchinstitute.blogspot.com/>.



You will find the blog posts informative and interactive. Recent posts have focused on "mindfulness" and mental health and neuroplasticity. MHCD also maintains another [blog](http://mental-health-recovery.blogspot.com) that speaks much more about recovery from mental illness and substance abuse. If you are interested in learning more about those topics, and the impact it may have on everyday life, we invite you to visit that blog at <http://mental-health-recovery.blogspot.com>.

Thank you for taking interest in the Reaching Recovery Initiative. We encourage you to learn more about us; the Recovery Summit; and how we have used recovery outcomes to drive our recovery transformation. If you are interested in learning how your center can use such instruments to aid in your center's recovery transformation process, please contact us for additional information or to schedule a webinar.

Roy D. Starks
Director of Rehabilitation and Reaching Recovery
Mental Health Center of Denver

To remove your name from the mailing list, email us at reachingrecovery@mhcd.org and put unsubscribe in the subject line.